

Island Health (VIHA) www.viha.ca

Central and North Island

Organization	Contact Information	Location
Alberni Valley Hospice Society	Theresa (250) 723-4478 Theresa@albernihospice.ca www.albernihospice.ca	2649 2 nd Ave. Port Alberni, BC V9Y 1Z8 Caregiver Time Support Group
Better at Home Program Hornby and Denman Community Health Care Society www.betterathome.ca	Susan Guthrie-Dick, Program Coordinator susan@hornbydenmanhealth.com 250-871-5940	491-B 4 th Street Courtenay BC V9N 1G9 <i>Starting with the Courtney area</i>
Comox Valley Senior Peer Counselling Society	Susan Armstrong, Coordinator (250) 871-5940 http://comoxvalleyseniorpeercounseling.com/our-programs/caregivers/	#491A – 4 th Street Courtenay, BC V9N 1P6 Women's groups: 1 st Tuesday and 3 rd Monday, 1:00 – 3:00 PM Men's group: 3 rd Tuesday, 1:00 – 3:00 PM

<p>Cowichan Valley Family Caregivers' Support <i>(Duncan area and north)</i></p>	<p>Ranjana Basu (250) 743-7621 info@familycaregiverssupport.org www.familycaregiverssupport.org</p>	<p>PO Box 13 Shawnigan Lake, BC V0R 2W0 Duncan: 1st, 3rd & 4th Tuesdays, 2nd & 4th Mondays Ladysmith: 2nd Tuesday Chemainus: Last Thursday Lake Cowichan: As needed Youth Carers: 1st & 3rd Wednesdays</p>
<p>Gabriola Island Caregiver Support Group</p>	<p>Angela Nutter (250) 247-9732 www.phcgabriola.org</p>	<p>PHC Community Resource Centre 8-590 North Road 1st Wednesday, 2:00 PM, PHC Community Resource Centre</p>
<p>Healthy Caregiver Drop-in Groups</p>	<p>Allison Reeves, Registered Clinical Counsellor (250) 927-6548 www.allisonreevescounselling.com</p>	<p>1st and 3rd Tuesday, 10:00 AM Meeting room, Parksville Pharmasave 1 – 281 East Island Highway</p>
<p>Keystone Eldercare Solutions</p>	<p>(250) 650-2359 www.eldercareplanningservices.com</p>	<p>Comox Valley, serving Northern Vancouver Island from Nanaimo to Port Hardy</p>
<p>Mid-Island Caregiver Support Groups <i>(Parksville, Qualicum, Nanaimo)</i></p>	<p>Isobel Gemmell, MA, RSW relationships123@shaw.ca (250) 468-5687 Caregiver Support Line: 1-866-865-2221</p>	<p>Parksville: 2nd Tuesday, 1:30 PM, Serious Coffee Qualicum: 3rd Thursday, 2:30 PM, The Gardens Nanaimo – Day: 2nd Wednesday, 3:30 PM, Woodgrove Save-on Foods Nanaimo – Night: 1st Monday, 7:00 PM, Woodgrove Save-on Foods</p>

MS Society <i>(Cowichan Valley)</i>	(250) 748-7010 www.mssociety.ca	321 Coronation Ave. Duncan, BC V9L 2T1
MS Society <i>(Nanaimo)</i>	(250) 754-6321 www.mssociety.ca	200-1585 Bowen Rd. Nanaimo, BC V9S 1G4
MS Society <i>(North Island)</i>	Judy Spencer (250) 286-0999 judy.spencer@mssociety.ca Cheri Kamenz cheri.kamenz@mssociety.ca www.mssociety.ca	Box 656 Campbell River BC V9W 6J3
Nanaimo Brain Injury Society	(250) 753-5600 www.nanaimobraininjury.org	101 Prideaux St. Nanaimo, BC V9R 2N2 Education, information, peer support
Oceanside Hospice Society (Nanoose Bay to Deep Bay, including Errington & Coombs).	250-752-6227 www.oceansidehospice.com	210 Crescent Road West Qualicum Beach, BC V9K 1J9 Compassionate supportive care to individuals and families who are facing advanced illness, death and bereavement in the Oceanside area

South Island

Organization	Contact Information	Location
Arthritis Society <i>(Victoria)</i>	(250) 519-4000 info@arthritis.ca www.arthritis.ca	2680 Richmond Road Victoria, BC V8R 4S9
BC Cancer Agency <i>(Victoria)</i>	(250) 519-5500 www.bccancer.bc.ca	2410 Lee Avenue Victoria, BC V8R 6V5
BC Schizophrenia Society <i>(Victoria)</i>	(250) 384-4225 admin.bcscs@shaw.ca www.bcscsvictoria.ca	941 Kings Road Victoria, BC V8T 1W7
Canadian Diabetes Association <i>(Vancouver Island)</i>	(250) 382-5454 www.diabetes.ca	276-2950 Douglas St. Victoria, BC V8T 4N4

<p>Family Caregivers' Network Society (Victoria area)</p>	<p>(250) 384-0408 1-877-520-3267 caregiversupport@fcns.ca www.familycaregiversnetwork.org</p>	<p>#6 – 3318 Oak Street Victoria, BC V8X 1R1 Victoria Support Group: 1st Monday, 7:00 - 9:00 PM #6 – 3318 Oak Street, Victoria Sidney Support Group: 3rd Tuesday, 10:00 AM – Noon Shoal Centre, 10030 Resthaven Drive, Sidney Salt Spring Island Support Group: Wednesdays, 11:00 AM – Noon Seniors for Seniors Centre, Ganges</p>
<p>MS Society (South Island)</p>	<p>(250) 388-6496 www.mssociety.ca</p>	<p>1004 North Park St. Victoria, BC V8T 1C6</p>
<p>Victoria Brain Injury Society</p>	<p>(250) 598-9339 www.vbos.ca</p>	<p>102 - 651 Queens Ave. Victoria, BC V8T 1L9 Support groups at Victoria General Hospital – Monday's 6 :30 pm</p>
<p>Victoria Epilepsy & Parkinson's Centre</p>	<p>(250) 475-6677 www.vepc.bc.ca</p>	<p>813 Darwin Ave. Victoria, BC V8X 2X7</p>
<p>Victoria Hospice</p>	<p>(250) 370-8715 www.victoriahospice.org</p>	<p>3rd Floor–Richmond Pavilion Royal Jubilee Hospital 1952 Bay St. Victoria, BC V8R 1J8</p>

We Rage, We Weep Alzheimer's Foundations	Dr. Marjorie Moulton (250) 920-9573 info@werageweweeep.com www.werageweweeep.com	707-828 Rupert Terrace Victoria, BC V8W 0A7
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Online Support

Organization	Contact Information	Location
VON Caregiver Connect Discussion Forums	http://www.caregiver-connect.ca	Contact for location information
Caring for Aging Parents in Canada Social Networking Site	http://agingparents.ning.com	Contact for location information

Provincial

Organization	Contact Information	Location
Alzheimer's Society of BC	Meriel Randerson (250) 382-2052 mranderson@alzheimercbc.org www.alzheimercbc.org	202-306 Burnside Road West Victoria, BC V8Z 1M1
Arthritis Society of BC	(604) 714-5550 1-800-321-1433 info@bc.arthritis.ca	200-1645 West 7 th Ave Vancouver, BC. V6J 1S4
BC Bereavement Helpline	1-877-779-2223 www.bcbereavementhelpline.com	Box 53530 984 West Broadway Vancouver, B.C. V5Z 1K7

Huntington Society of BC	(250) 727-4461 www.huntingtonsociety.ca	Medical Genetics Victoria General Hospital 1 Hospital Way, Victoria, BC V8Z 6R5
Kidney Foundation of Canada <i>(BC Branch)</i>	(604) 736-9775 1-800-567-8112 info@kidney.bc.ca www.kidney.ca	200– 4940 Canada Way Burnaby, BC V5G 4K6
Leukemia & Lymphoma Society of BC	(604) 733-2873 1-800-955-4572 www.leukemia.ca/bc	310-1682 West 7th Ave. Vancouver, BC V6J 4S6
Parkinson Society of BC <i>(Vancouver Office)</i>	(604) 662-3240 www.parkinson.bc.ca	600-890 Pender St. West Vancouver, BC V6C 1J9
Parkinson Society of BC <i>(Victoria Office)</i>	(250) 475-6677 www.parkinson.bc.ca	813 Darwin Avenue Victoria, BC V8X 2X7
Stroke Recovery Association of BC	1-888-313-3377 www.strokerecoverybc.ca	301-1212 West Broadway Vancouver, BC V6H 3V1