

Choose the **RIGHT CARE** at the **RIGHT PLACE**

Call your family doctor or nurse practitioner first same-day appointments may be available

HEALTH CONCERN?



Check www.medimap.ca for walk-in clinic and urgent primary care clinic estimated wait times

Call 8-1-1 HealthLink BC is available 24/7

NEED TRUSTED HEALTH ADVICE?



Vancouver Island Crisis Line, 24/7 at 1-888-494-3888
KUU-US Crisis Line (Aboriginal) 24/7 at 1-800-588-8717

Speak with your pharmacist

URGENT MEDICATION REFILL?



Call 9-1-1 or go to the nearest Emergency Department

CRITICAL INJURY OR LIFE-THREATENING CONDITION?



Use your **EMERGENCY DEPARTMENT** wisely



Division of Family Practice
A GPSC initiative

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