

**TOWN
HALL**



Family Caregivers
of British Columbia

DECEMBER 3, 2020

CAREGIVER COMMUNITY VIRTUAL TOWN HALL

Exploring the Impact of COVID on Caregiving



Chat

What city or town do you live in?



CAREGIVER VIRTUAL TOWN HALL

December 3rd, 2020

Exploring the impact of COVID-19 on Caregivers



Presenters:

Isobel Mackenzie, BC Seniors Advocate

Barb MacLean, Executive Director, Family
Caregivers of BC

Moderator:

Stacey Dawes, Caregiver

Engagement Lead, Family Caregivers of BC

Funding Recognition:

BC Ministry of Health

Webinar Instructions

- Everyone will remain muted and cameras will be off
- Please use the chat box to provide feedback (find this at the bottom panel of your screen)
- Use the 'Q&A' feature to ask questions (find this at the bottom panel of your screen)
- ³ Moderator will pause for questions/answers at certain times of the Town Hall
- Town Hall will not be recorded



Family Caregivers
of British Columbia

A close-up photograph of green cedar or juniper branches, showing the fine, needle-like leaves in detail. The branches are positioned on the left side of the slide, extending from the top to the bottom.

Territory Acknowledgement



Town Hall Outlook

- BC Seniors Advocate & Q & A
- Polls: what YOU think
- FCBC COVID Action for caregivers & Q & A
- Chat – what matters to you?
- Action moving forward

A single conversation across the table with a wise
person is worth a month's study of books.

Chinese Proverb



POLL



Who has joined the Caregiver Community Town Hall today?

1

I am family or friend caregiver

2

I am employed or volunteer to support caregivers in some way

3

Both



Family Caregivers
of British Columbia

Our Mission

To improve the quality of life for family and friend caregivers through support, information, and education. We provide leadership to strengthen the voice of family caregivers and the significance of their role.



Family Caregivers
of British Columbia

— Let us help —



www.familycaregiversbc.ca

CAREGIVER SUPPORT

- Support Line 1-877-520-3267
- Informational, referral & navigation
- Caregiver coaching
- Support groups & circles
- Online resource centre
- Community of Practice

EDUCATION

- Resource library: webinars and podcasts
- Newsletters publications, e-news, articles and blogs
- Support group facilitator training
- Outreach to community groups
- Training

ENGAGEMENT & COLLABORATION

- Health quality improvement & health policy: embed caregiver I.D., support and inclusion in processes and systems
- Committees: caregiver voice
- Collaboration with non-profits, research, local, provincial, national

POLL



I am *caring behind closed doors*, in my home or their home

1



I am *restricted from caring* in long term care, assisted living or hospital settings

2



I am *caring as an essential visitor* in long term care, assisted living or hospital settings

3



Guest Speaker



OFFICE OF THE
SENIORS ADVOCATE
BRITISH COLUMBIA



Isobel MacKenzie
BC Seniors Advocate



Family Caregivers
of British Columbia



Family Caregivers
of British Columbia

Q & A

Dialogue is the
oxygen of change.

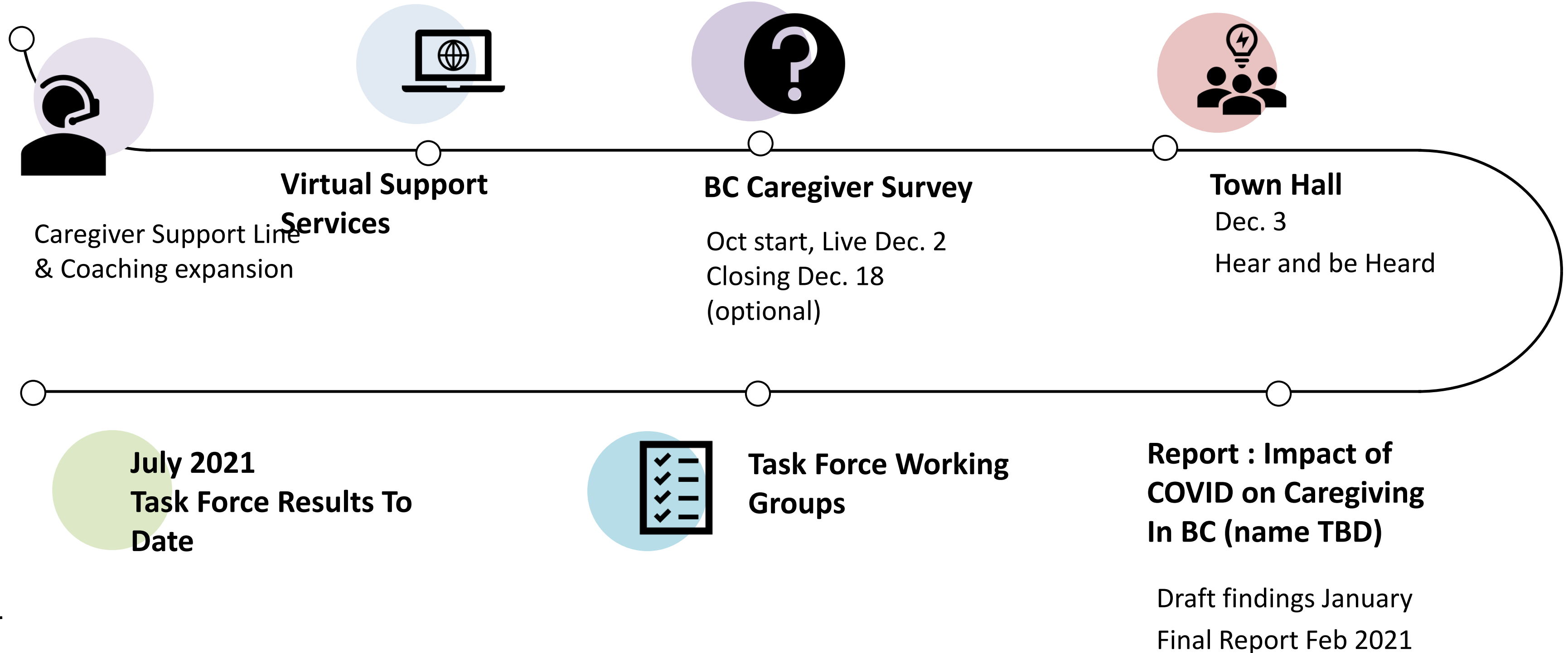
What are you
curious about?

QUESTIONS

ANSWERS

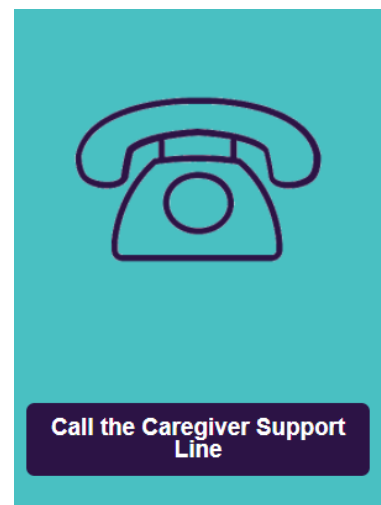
FCBC COVID Response Action Plan

March- COVID hits

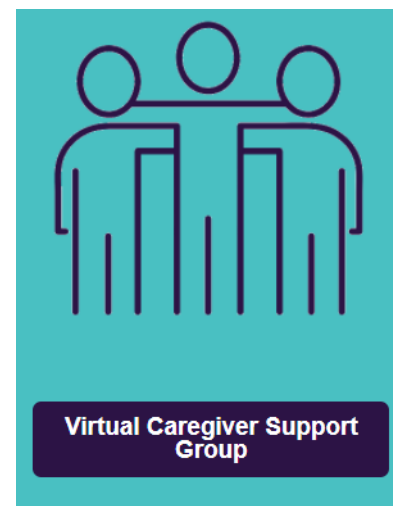


FCBC COVID Response Action

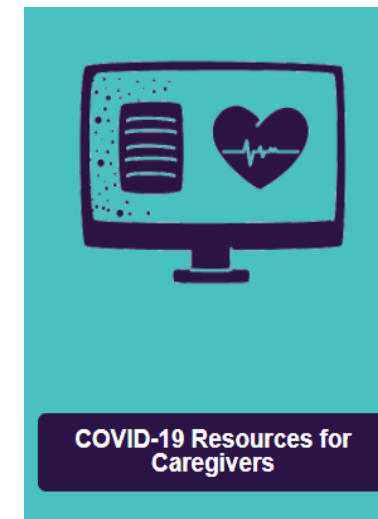
Priority #1: Direct Support for Caregivers



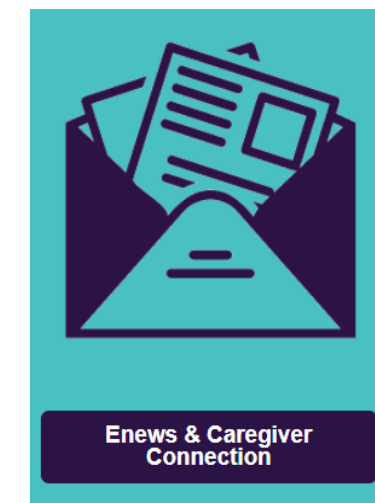
- BC Caregiver Support Line expansion
“all hands-on deck”
- Increased Caregiver Coaching sessions



- Virtual Support Groups
- Journaling Workshops online



- COVID resources for caregivers
- *Facebook Live* sessions
- Guide to Financial Assistance for Caregivers



- Weekly e-news, then bi-weekly, on demand



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FCBC COVID Response Action

Priority #2: Education, skills, knowledge, and confidence

Online Training

- Support Group Facilitator Training – volunteers across BC and community program
- Online Community of Practice

Webinars & Courses

- Journaling Online Workshop
- Webinars – wellbeing and resilience focus
- E-Learning Modules: Staying Healthy While Caregiving



Podcasts



Partnerships

- SafeCare BC Learning Module: Social Visitation Essentials for LTC/AL



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POLL



Do you feel that caregivers should be included together with vulnerable populations for priority COVID testing and vaccination?

1

Yes

2

No

3

Not sure



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FCBC COVID Response Action

Priority #3: Collaboration to reach and support caregivers



Primary Care Networks

- IDENTIFY
- REFER
- INCLUDE

PCN Steering & Leadership Committees

Provincial Committees

Backbone Organization

- Higher Needs Family Friend Caregiver Support Program (United Way Lower Mainland, funded by MOH)
- 17 Caregiver Support Programs in BC demonstration project


Systemic COVID related access

- Supercluster Project ABC – including caregivers as a priority in testing and vaccination


National Collaboration

- Caregivers Alberta, Ontario Caregiver Organization, Young Caregivers Association, RANQ Quebec, Caregivers Nova Scotia

COVID Action Priority #3: collaborating to reach caregivers

[CONTINUE TO MAIN BC211 HOMEPAGE](#)





Register for NEW Safe Seniors, Strong Communities Program

A program that matches seniors who need support with non-medical essentials, to volunteers in their community who are willing to help.

When you register as a senior or a volunteer, your contact information is shared with the United Way's Better at Home agencies. Those agencies make the connections between seniors and volunteers in the community.

To register for services, or to offer help, register.

[CLICK HERE TO REGISTER NOW](#)



Coronavirus Outbreak Information

As of March 18, 2020, the Province of British Columbia has declared a state of emergency to support response to COVID-19.

[LEARN MORE](#)



Family and Friend Caregiver Support Line

1-877-520-3267

Family Caregivers of BC is here to support unpaid family and friend caregivers. Call them at 1-877-520-3267 or visit their website at www.familycaregiversbc.ca.

[CONTINUE TO MAIN BC211 HOMEPAGE](#)

SURVEY IS LIVE NOW!

Together, let's reach every corner of BC!

Visit www.familycaregiversbc.ca to complete the survey online
or call 1-877-520-3267 for support with telephone completion



**Take Our Caregiver
COVID-19 Survey**



How to Participate:

- TO COMPLETE THE SURVEY ONLINE, GO TO WWW.FAMILYCAREGIVERSBC.CA AND FOLLOW THE LINK TO THE SURVEY. ALL INPUT IS COMPLETELY CONFIDENTIAL.
- IF YOU AREN'T ABLE TO COMPLETE THE ONLINE SURVEY, YOU CAN CALL OUR CAREGIVER SUPPORT LINE AT 1-877-520-3267 AND WE WILL HELP YOU BY TELEPHONE.

Caring behind closed doors



Family Presence in Care Settings





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Q & A

Share your voice.

What are you
curious about?

QUESTIONS

ANSWERS

HEAR and BE HEARD

MORE voices
MORE visible
MORE vocal



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www.familycaregiverbc.ca

TAKE ACTION



Take the Caregiver Survey




Stay connected with the caregiver community:
sign up

Build or maintain your resilience

- skills
- confidence
- Knowledge



Follow up email to Town Hall participants



“One person caring about
another represents life's
greatest value.”

— Jim Rohn, Philosopher

Thank you for joining today!

*Warmest wishes
for the holidays*

*Your team at
Family Caregivers of BC*