



Webinar: More than a visitor: Care planning in a changing environment

Helpful links and resources

Rights and regulations:

- [Residents' bill of rights](#)
- BC Centre for Disease Control Long-Term Care Facilities & Assisted Living [Updated Visitor Guidelines](#)
- CONVERSATIONS ABOUT CARE: The Law and Practice of Health Care Consent for People Living with Dementia in British Columbia – [summary report](#)

Information:

- [COVID-19 Social Visitation Essentials Course](#): A self-paced, online course by Family Caregivers of BC and SafeCare BC for family members or friends who would like to visit a person residing in long-term care or assisted living.
- Visiting a person living in long-term care: [Information guide](#) for before, during and after the visit
- [United Way of the Lower Mainland's Family & Friend Caregivers Information and Resource Handbook \(2016\)](#) (specifically, the planning section on page 118)

Decision aids for backup planning:

- [“Ready, Set, Plan – For Care Partner Absence”](#)
- Series of checklists to help you [“Be Ready for an Emergency Department Visit”](#)
 - [About Me](#)
 - [Who Knows Me Best](#)
 - [My Medications](#)
 - [My Wishes](#)
 - [My Ready-to-Go Bag](#)
 - [Plan Ahead for Going Home](#)

Decision aids when considering a move from long-term care or assisted living to home:

- [Decision aid and considerations](#) for caregivers (written notes) – Alzheimer Society of Ontario
- [Decision aid and considerations](#) for caregivers (interactive checklist)
- [Decision aid and considerations](#) for people living in long-term care or assisted living

Advocacy fact sheets:

- [Dealing with conflict](#)
- [Getting organized](#)

**Family Caregivers of B.C.
Caregiver Support Line**

1-877-520-3267

Monday to Friday: 8:30 a.m. to 7 p.m.

www.familycaregiversbc.ca

First Link[®] Dementia Helpline

English: 1-800-936-6033 (9 a.m. to 8 p.m.)

Mandarin or Cantonese: 1-833-674-5007 (9 a.m. to 4 p.m.)

Punjabi: 1-833-674-5003 (9 a.m. to 4 p.m.)

Available Monday to Friday

www.alzheimerbc.ca