



Family Caregivers  
of British Columbia

# Family Caregivers of BC

## **VOLUNTEER ORGANIZATIONS**

Should you have more questions, we invite you to give our staff a call at our toll-free Caregiver Support Line, open Monday - Friday 1-877-520-3267



## VOLUNTEER ORGANIZATIONS

<b>VOLUNTEER ORGANIZATION</b>	<b>SERVICES</b>	<b>PHONE</b>
Oak Bay Volunteer Services	Driving, visiting, walking, dog walking, reading, writing, friendly phone calls, gardening and light yard work, income tax preparation, minor home repairs, shopping assistance, legal and financial information, filling out forms	595-1034
Silver Threads: <i>Esquimalt</i> <i>Saanich</i> <i>Sidney</i> <i>Victoria</i>	Telephone calls, postal alert, information & referral.	386-6108 3 82-3151 656-5537 388-4268
Saanich Volunteer Services	Driving, visiting, walking, dog walking, reading, writing, friendly phone calls, gardening and light yard work, income tax preparation, minor home repairs, shopping assistance, legal and financial information, filling out forms	595-8008
Peninsula Community Services	Driving, visiting, walking, dog walking, reading, writing, friendly phone calls, gardening and light yard work, income tax preparation, minor home repairs, shopping assistance, legal and financial information, filling out forms	656-0134



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James Bay Community Project	Driving, visiting, walking, dog walking, reading, writing, friendly phone calls, gardening and light yard work, income tax preparation, minor home repairs, shopping assistance, legal and financial information, filling out forms	388-7844
Capital City Volunteers	Driving, visiting, walking, dog walking, reading, writing, friendly phone calls, gardening and light yard work, income tax preparation, minor home repairs, shopping assistance, legal and financial information, filling out forms	380-0660
Esquimalt Volunteer Services	A volunteer visits or phones elderly people in the community to chat with them and check on their health. Driving, visiting, walking, dog walking, reading, writing, friendly phone calls, gardening and light yard work, income tax preparation, minor home repairs, shopping assistance, legal and fina	386-6108
Seniors Serving Seniors	Their "Return to Health" program offers short-term social support to seniors prior to, during, and following a hospital stay.	382-4331



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League of Mercy (Salvation Army)	A volunteer visits or phones elderly people in the community to chat with them and check on their health.	727-3770
West Shore Community Resources	Driving, visiting, walking, dog walking, reading, writing, friendly phone calls, gardening and light yard work, income tax preparation, minor home repairs, shopping assistance, legal and financial information, filling out forms	478-1122