

Proud, Prepared, and Protected

Popular Resources

www.VirtualHospice.ca/2SLGBTQ

www.portailpalliatif.ca/2SLGBTQ



[What does 2SLGBTQ+ mean?](#)

An explanation of the acronym.



[2SLGBTQ+ Canadian Healthcare Bill of Rights](#)

In booklet, infographic and wallet versions, helps people understand and advocate for respectful discrimination free care.



[My Choices for Safe and Inclusive Healthcare](#)

A place to record information about health and preferences for care.



[Planning for My Care](#)

A guide to thinking about priorities and wishes for future care and making choices about who will make decisions if you can't.



[Planning ahead: Your wishes](#)

Be better prepared for future health changes by giving thought to wishes and preferences now.



[Managing difficult situations](#)

Being prepared for potential situations can help constructively address conflicts that may arise.



[How to be an ally](#)

What is an ally? What can you do?



[How to provide inclusive care to Two-Spirit & LGBTQ+ people](#)

How to strengthen your healthcare practice.



[Choosing a healthcare advocate](#)

An important part of anyone's healthcare.



[VIDEO: Dr. Kimberly Acquaviva -- No patient should be your "teachable moment"](#)



[Webinar: Improving access to respectful and inclusive care](#)



[VIDEO: The Privilege of Caring](#)

Melanie MacKinnon, RN, a Cree woman from Northern Manitoba, explains the challenges and rewards of providing care at home in a remote northern community.

About Canadian Virtual Hospice

www.VirtualHospice.ca/2SLGBTQ

www.portailpalliatif.ca/2SLGBTQ

Through multiple online platforms, Canadian Virtual Hospice provides information and support trusted by more than 2.5 million visitors each year. The platforms are co-designed with palliative care and grief specialists, patients, and family members. We serve the needs of people living with advanced illness or frailty, families, caregivers, healthcare providers, educators, and researchers. Content is provided at no cost, in both official languages. It includes: articles, a vast gallery of videos featuring health specialists and personal stories, lists of programs and services and resources, and online peer support provided through our moderated Discussion Forums.



MyGrief.ca | MonDeuil.ca

To help understand and move through grief and to support others.



KidsGrief.ca | DeuilDesEnfants.ca

Guidance for explaining serious illness and death and supporting kids from 2-18. For parents, guardians, educators, coaches.



LivingMyCulture.ca

Featuring stories of people from 11 cultures speaking 12 languages to empower communities and educate healthcare providers.



CaringTogether.Life | SoignonsEnsemble.ca

For families caring for a seriously ill or dying child.



LivingOutLoud.Life | vivreAfond.ca

By and for adolescents and young adults living with an advanced, life-limiting illness.



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For people who identify as 2SLGBTQ+.



Medical Assistance in Dying (MAiD)^s

[Medical Assistance in Dying \(MAiD\)](#)

Information about a medically assisted death.

[MyGriefToolbox.ca](#)

Grief training to support paramedic practice.



[MyGriefToolbox.ca](#) | [MesOutilsDeuil.ca](#)

Training for paramedics delivering palliative care.

[ICUGrief.ca](#)

Building capacity to support grieving families in the ICU: Online training for ICU clinicians



[ICU Grief](#)

Building capacity for ICU teams to support grieving family members, friends, and colleagues.

[Methadone4Pain.ca](#)

Clinical training for analgesia in palliative care.



[Methadone 4 Pain](#)

Online training for clinical team members in methadone prescribing and management in palliative care.

Canadian Grief Alliance



[The Canadian Grief Alliance](#)

Advocating for a national strategy for grief and bereavement that includes the expansion of grief services, research, and education.

[Subscribe to our free monthly e-newsletter.](#)

[Order marketing materials free of charge.](#)

For further information, please email: Info@VirtualHospice.ca
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