



PRESENTED BY:



Family Caregivers  
of British Columbia

**FREE**

# FAMILY CAREGIVER CELEBRATION IN SOOKE

When: Wednesday May 24, 1:30-3:30 PM  
Location: Sooke Library, 6671 Wadams Way

There will be door prizes,  
information/resources for  
caregiving, refreshments,  
and optional well-being  
activities like yoga and art.

May is Family Caregiver Month in British Columbia! Join us to celebrate and recognize family and friend caregivers and share how you are celebrating #caregiveraware on social media!

Did you know that over one million family and friend caregivers provide over 80% of the care in B.C.?

**Registration:** Phone 1-877-520-3267 or email  
cgsupport@familycaregiversbc.ca to RSVP

[www.familycaregiversbc.ca](http://www.familycaregiversbc.ca)